

# CONNECTIONS

The Newsletter for Addiction Professionals



## President's Message

By Ron Chupp

### Season's Greetings!

I hope and pray that your holidays found you well and that you were able to take some time out of your hectic schedules to connect with family and friends. After all, that is what the holidays are really about. Last year my family and I traveled to Phoenix with my older sister and her family to reunite with my parents and younger siblings while visiting our big hole in the ground (The Grand Canyon). It was a beautiful brown Christmas just like I remember from growing up in the Valley of the Sun—Santa in a red Corvette, dressed in a Hawaiian shirt and Bermuda shorts, flip-flops, and sunglasses. Ah, memories! This year we stayed close to home and visited with my wife's side of the family. We had a wonderful Thanksgiving on the farm and an exciting Christmas in Chicago, even though both holidays were brown instead of white.

In the last newsletter we published an article which caused some confusion regarding certification and licensure. To be perfectly honest, we were confused as well. We understood the licensure bill to eliminate alcohol and drug counseling certification in the State of Indiana, replacing it with licensure. We were exploring other relevant and valuable certifications that did not conflict with the new law but were preparing to get out of the alcohol and drug certification business. Imagine our surprise when we discovered that another organization was still offering AOD certifications. Several people contacted us stating they were told by their employers they had to become certified to perform addictions counseling in Indiana. We knew this was

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inconsistent with the licensure bill. Rather than spread misinformation or get opinions from people only remotely connected with the licensure bill, we contacted the attorney who served as Director of the Indiana Professional Licensing Agency and wrote the procedural rules for IPLA in connection with the addictions licensure bill.

According to the attorney, it is legally permissible for any professional addictions association to issue certifications in addictions to individuals in the State of Indiana. HOWEVER, it is the *ethical obligation of the certificate issuer* to inform the certificate holder in writing that they are *not allowed by law* to practice addictions counseling unless:

1. they are a licensed health care professional acting within the scope of the person's license, meaning specifically a

- A. Licensed Social Worker
- B. Licensed Clinical Social Worker
- C. Licensed Marriage and Family Therapist
- D. Licensed Mental Health Counselor
- E. Licensed Psychologist under IC 25-33
- F. Licensed Physician under IC 25-22.5
- G. Licensed Nurse under IC 25-23

*Continued on next page.*

*President's Message Continued from page 1.*

2. fall into one of the statutory legal exceptions, meaning specifically a
  - A. Student Intern or Trainee in a CACREP or NAADAC approved postsecondary educational institution under qualified supervision as a part of their course of study, and using the title "intern" or "trainee";
  - B. Rabbi, Priest, Christian Science practitioner, Minister, or Other Clergy;
  - C. Volunteer or Employee for an organization performing charitable, religious, or education functions or pastoral counseling;
  - D. Person who provides school counseling;
  - E. Government Employee who remains in the same job classification or job family of that classification;
  - F. Employee of a court alcohol and drug program, a drug court, or a reentry court certified by the Indiana Judicial Center when performing assigned job duties);
  - G. Probation Officer when performing assigned job duties.
  
3. work within a statutorily protected location, specifically meaning a
  - A: Health facility licensed under IC 16-28;
  - B. Hospital licensed under IC 16-21 or IC 12-25;
  - C. Substance Abuse facility certified by the Department of Mental Health and Addiction as an addiction services regular agency;
  - D. Home Health Agency licensed under IC 16-27-1;
  - E. Community Health Center;
  - F. Institution operated by the Department Of Correction;
  - G. Community Mental Health Center under IC 12-21-2-3).

According to the attorney, based on these statutes, any individual who is issued a *certification* in addictions counseling who does not fall into one of the above exemptions, is NOT ABLE TO LEGALLY PRACTICE ADDICTION COUNSELING in Indiana unless they possess a clinical addiction counselor license (LCAC) or an addictions counselor license (LAC). MORE IMPORTANTLY, the statute also prohibits ANY individual who does not hold an LCAC or LAC from *referring to themselves* as an "Addiction Counselor", a "Certified Addiction Counselor", a "Substance Abuse Counselor", a "Certified Substance Abuse Counselor", any job title with "Addiction" or "Substance Abuse" in the title, or any other title that would lead a consumer to believe they may hold an LCAC or LAC. Title protection for licensed practitioners is guaranteed under the licensure bill.

Although IAAP and other organizations can *legally* continue to issue AOD certificates, it is our and their *ethical responsibility* to inform all certificate holders of the statutory limitations within the addictions profession, and to inform them in writing of their likely inability to perform addiction services in Indiana if they have only an association's certification without licensure. I believe it is also prudent to inform you that violating the statute carries a \$500 fine and possible jail time. It may also jeopardize the individual's ability to become licensed in the future. We implore our clients to follow the laws of our state. We need to lead by example. IAAP has always held to the highest standards of ethics and will continue to do so. If you have questions about any provision in the licensure bill, call me and I will answer your question directly when I can, or go directly to the attorney who wrote the rules when I cannot. I hope this helps to clear up the confusion. Have a Blessed New Year.

Only our best!



LCAC, LCSW

Ron Chupp, LCSW, LCAC, NCAC-II, ICAC-II  
IAAP President

## NAADAC Advocacy in Action Conference 2012



NAADAC Advocacy in Action Conference - 25 Years of Advocacy March 19-21, 2012

Help shape the views of national lawmakers!

The NAADAC Advocacy in Action will take place March 19-21, 2012, at the Holiday Inn Hotel & Suites Alexandria - Historic District. The NAADAC Advocacy in Action Conference will focus on issues affecting addiction-focused professionals. The Advocacy in Action conference will provide briefings and seminars for all participants on the major issues facing addiction professionals and strategies to effectively communicate with lawmakers. This conference will help build your knowledge and skills and will provide the opportunity to bring the important issues of addiction prevention, intervention, treatment and recovery to the national decisionmakers.

We have made progress, but work remains on federal funding for treatment, workforce development and veterans' health care. Help make a difference!

### What Will you Gain From Attending Advocacy in Action?

- Intensive briefings on current issues in addiction policy and how to positively affect their outcome.
- Trainings in advocacy techniques and strategy that can be used in communicating with legislators from the national to local level.
- Connecting with your members of Congress face-to-face, building a relationship and educating them about the importance of treatment and recovery.
- Continuing education credits and business hours.
- An opportunity to network with fellow advocates from across the nation.
- Building the identity of addiction professionals and treatment providers with national decision-makers in Washington, D.C.

### Where Will we be Meeting?

Accommodations and meeting space will be at the Holiday Inn Hotel & Suites Alexandria-Historic District

[www.hioldtownalexandriahotel.com](http://www.hioldtownalexandriahotel.com)

625 First Street

Alexandria, VA 22314

877.504.0047 (hotel toll free reservation line)

703.548.6300 (hotel front desk)

Please make reservations by February 27, 2012, to receive preferred rate of \$169. Please mention **NAADAC** when making your booking, or visit [www.hioldtownalexandriahotel.com](http://www.hioldtownalexandriahotel.com) and enter the group code of N2A.

There will also be a morning briefing on Capitol Hill for all registered attendees.

For more information please contact Christopher Campbell at [ccampbell@naadac.org](mailto:ccampbell@naadac.org) or 800.548.0497 ext. 129. Participants may earn up to 11.5 Business Hours and 4.5 Continuing Education (CE) credits.

## Statehouse Leaders Say Sunday Sales Law Dead This Session

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While right-to-work and anti-smoking bills get much of the attention in the legislature, one that will not get any is whether Hoosiers should have the chance to buy alcohol from a store on Sundays.

State senator Phil Boots (R-Crawfordsville), who has sponsored the Sunday alcohol sales bill in the legislature the last two years, says his bill won't even be discussed during this year's session.

"I have been told by several of the leadership that it's not something they're going to consider this year, any alcohol related legislation," Boots says.

He says that is despite what he thinks is the issue's popularity with the public - if not with some business owners.

"For some reason, we do not feel that we should address that because some elements have decided it's not a good thing for their business," Boots says. "So, I think it's something we should look at, but we're not, and I think that's unfortunate."

The Republican senator says he will continue to pursue Sunday sales, and says he is considering a push to allow cities and counties to hold their own referendums on the issue.

Source: Indiana Public Media

## Dollar General Stores Seek Permits to Sell Beer

### Drug Free Marion County: Indianapolis Already Over- Served

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INDIANAPOLIS -- Dollar General Company officials said they're considering selling beer in their Indiana stores. The possibility didn't go over well with some Hoosiers who believed that Indy already has enough liquor stores.

"I don't believe in it. I'm a Christian. They shouldn't be selling that around here. There are schools too close by," customer Jeffrey Payton said.

In several locations, Dollar General is also near existing liquor stores, RTV6's Jack Rinehart reported.

Randy Zion owns a Liquor Barn and said that Dollar General's plan would bring more than competition to his business. "A lot of these places are located in neighborhoods, and there are kids going in these stores unsupervised. It's more exposure. It's more possibilities and more problems," Zion said.

Indianapolis Metro Police said that alcohol sales at Dollar General Stores could mean more crime. Twelve Indianapolis stores in line to receive alcohol permits saw more than 800 police runs last year, including the store at 45th Street and Shadeland Avenue where police responded to a robbery, a carjacking and more than 80 thefts. "A bottle of wine for a dollar, or a dollar for a bottle of liquor would definitely attract additional problems for the location," Sgt. Bill Carter said.

In November, the state Alcohol and Tobacco Commission auctioned off a number of liquor permits, including dozens for Marion County. With nearly 700 existing establishments selling beer, wine and liquor, Drug Free Marion County said Indianapolis has been over-served.

"In our opinion, it would put the community at great risk for all the problems that come when you have an excessive alcohol outlet density," Nancy Beals with Drug Free Marion County said. Dollar General Representatives said the chain plans to go before the Marion County Liquor Board on Tuesday.

Source: [TheIndyChannel.com](http://TheIndyChannel.com)

## Organization Promotes Alcohol Responsibility in Utah

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GAMMA's "Minute to Win It" event in March of last year helped promote its message of mature alcohol management.

With the multitude of organizations encouraging college students to practice alcohol abstinence, the message to drink responsibly for those who choose to consume alcohol is often lost in the shuffle.

Instead of promoting alcohol abstinence, one Creighton organization attempts to show students who are members of the Greek community that there are ways to drink responsibly.

Greeks Advocating Mature Management of Alcohol, is an organization comprised of various members from the Greek community who unite to promote responsible alcohol consumption throughout the Greek community.

Arts & Sciences junior and Creighton GAMMA President Tess Blackwell, said she feels GAMMA is slowly making an impact on the Creighton community.

"The biggest impact [GAMMA] is trying to make, is to show the Greek community and the other students on campus that the members of GAMMA care about and want to educate on how to maturely manage alcohol," Blackwell said. "We don't say no you can't drink and that drinking should not be an activity you do as a member of the Greek community. Instead, we try to promote ideas in which you drink responsibly when you go out or when you drink."

To view the full story click, click on this link: <http://www.creightonian.com/?p=3790>

Source: Creightonian

## Campaign Targets Teen Drinking; Parent Awareness

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OGDEN -- Parents need to wake up and smell the alcohol, experts say in a new campaign alerting them to the signs their children may be getting "trashed."

For the next several months, local garbage trucks will serve as mobile billboards in Weber and Davis counties to help remind parents to talk with their kids about the dangers of alcohol on the developing brain.

Weber Human Services and Waste Management have teamed with Parentsempowered.org to help get the message across, said Zac Snow, prevention specialist with Weber Human Services.

The mobile billboards will carry various messages such as, "What part of their brain don't your kids need?"

According to parentsempowered.org, a media and education campaign funded by the Utah Legislature and designed to prevent and reduce underage drinking, binge drinking begins as early as the sixth grade. Yet, more than 60 percent of Utah parents are unaware their child is drinking. In addition, 45 percent of Utah kids who begin drinking before the age of 13 will become alcohol dependent.

Snow said a teen's brain is more vulnerable to addiction and dependence.

To view the full story, click on this link:

<http://www.standard.net/stories/2012/01/01/campaign-targets-teen-drinking-parent-awareness>

Source: Standard Examiner

## Can Higher Alcohol Prices Curb Drinking?

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A new Canadian study suggests increasing the minimum price of beer, liquor and other alcoholic beverages may reduce how much people drink.

Researchers used data from the Canadian province of British Columbia, where the government sets the minimum price for alcohol and keeps information on its sales. For every 10-percent price hike, they found people drank 3.4 percent less alcohol, and their consumption of particular drinks dropped even more.

"This is an important finding about an effective but under-utilized policy," said Dr. Tim Naimi, who studies alcohol control policies but wasn't involved in the new work. In an email to Reuters Health, Naimi, of Boston University's School of Medicine, said raising the minimum price is "something of a silver bullet" when it comes to reining in drinking.

And it could have important implications for public health, said study researcher Tim Stockwell, because cutting back on alcohol might also help curb car accidents and ailments such as fatty liver disease. "All of these things are related to the excessive use of alcohol," Stockwell told Reuters Health. "Access to our favorite drug does come at a cost." Stockwell, who heads the Centre for Addictions Research of BC in Victoria, and his colleagues looked at government data from 1989 to 2010. Even after accounting for general economic indicators, they found a strong link between prices and drinking patterns.

Specifically, for every 10-percent increase in the minimum price of an alcoholic drink, consumption of spirits and liqueurs fell by 6.8 percent, wine by 8.9 percent, alcoholic sodas and ciders by 13.9 percent and beer by 1.5 percent.

To view the full story click here:

<http://www.foxnews.com/health/2012/01/05/can-higher-alcohol-prices-curb-drinking/print##ixzz1id0OiMUI>

## 17 Percent of US Adults Binge Drink

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About 17 percent of U.S. adults, or 38 million people, say they binge drink, according to a new report from the Centers for Disease Control and Prevention. Binge drinking is defined as consuming four or more drinks for women, and five or more drinks for men, on one occasion.

Binge drinkers reported an average of four episodes a month, each consisting of eight drinks at most, according to the report, which is based on data gathered during a 2010 survey.

The biggest group of binge drinkers are young adults, with about 28 percent of people between ages 18 and 24 reporting binge drinking. Men are twice as likely as women to say they binge drink.

A 2009 survey showed that about 15 percent of U.S. adults binge drink. The apparent uptick in prevalence is likely due to the polling of more people with cellphones in the current report, the researchers said.

Binge drinkers are at risk for many health problems, including liver disease, certain cancers, heart disease, sexually transmitted diseases and pregnancies exposed to alcohol. They also are at increased risk of being in car accidents, and engaging in violent behavior.

"Binge drinking causes a wide range of health, social and economic problems, and this report confirms the problem is really widespread," said Dr. Thomas R. Frieden, director of the CDC. "We need to work together to implement proven measures to reduce binge drinking at national, state and community levels."

To view the full story, click on this link: [http://vitals.msnbc.msn.com/\\_news/2012/01/10/10096677-17-percent-of-us-adults-binge-drink](http://vitals.msnbc.msn.com/_news/2012/01/10/10096677-17-percent-of-us-adults-binge-drink)

Source: MSNBC

## In Remembrance

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### [Mel Schulstad, pioneer of counseling profession, dies at 93](#)

NAADAC

He served as a colonel in the U.S. Air Force. He was an addiction counselor at a time when society didn't know what that meant. He co-founded the professional association for addiction counselors. And he was an advocate for people suffering with substance use disorders and the professionals who serve them. Mel Schulstad left an indelible mark on the profession. [More](#)

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### In Memory of Paul A. Turgi

Paul A. Turgi Ed.D, LMHC, CADC, MAC, age 67 of Chesterton, passed away Friday, January 20, 2012 in Indianapolis. He was born December 3, 1944 in Indianapolis to Robert William Turgi, MD and Ann C. Eller Turgi, both of whom preceded him in death.

Paul is survived by his son Stephen Turgi of Baltimore, Maryland, siblings John C. Turgi of Chesterton, Suzanne Turgi Myers of Carmel, Ind., Mary Turgi Schilla of Valparaiso and Lee Turgi of Noblesville, Ind., and nieces and nephews Aimee Myers Dolich, Melissa Myers Murray, Christina Turgi Price, Brittany Schilla, Kevin Myers and Chris Myers. Paul was preceded in death by his parents and nephew Brandon Schilla.

Paul was a member of the American Counseling Association, Ill., Alcohol and Other Drug Abuse Counselors Association, Ind., Counseling Association, National Association of Alcohol and Drug Abuse Counselors and North American Association of Masters in Psychology.

Memorial services will be 7:30 p.m. Friday, January 27, 2012 at White-Love Funeral Home, 525 South 2nd St., Chesterton, with Pastor Lorraine Rizer officiating.

The family will receive friends on Friday from 6:00 p.m. until time of service at the funeral home.

For more information please call 219-926-1309.

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President  
Ron Chupp  
[rchupp@nec.org](mailto:rchupp@nec.org)

President Elect  
Katti Sneed  
[Katti.sneed@indwes.edu](mailto:Katti.sneed@indwes.edu)

Past President  
Brent Stachler  
[brentstachler@msn.com](mailto:brentstachler@msn.com)

NAADAC President  
Don Osborn  
[dposborn@hotmail.com](mailto:dposborn@hotmail.com)

Treasurer  
Tamara Brown  
[tamara\\_4@att.net](mailto:tamara_4@att.net)

Secretary  
Lisa Steiner  
[lsteiner@indiana.edu](mailto:lsteiner@indiana.edu)

Committee Chairpersons

Membership  
OPEN

Certification Chair  
Kay Bontrager  
[bkbla@comcast.net](mailto:bkbla@comcast.net)

By-Laws and Ethics  
Ron Chupp  
[rchupp@nec.org](mailto:rchupp@nec.org)

Conference  
C. Albert Alvarez  
[calvarez1@ivytech.edu](mailto:calvarez1@ivytech.edu)

Editor, IAAP Newsletter  
Stephanie Waddell  
[stephanie@centraloffice1.com](mailto:stephanie@centraloffice1.com)

IAAP Central Office  
PO BOX 24167  
Indianapolis, IN 46224  
317-481-9255

IAAP  
PO Box 24167  
Indianapolis, IN 46224  
[www.iaapin.org](http://www.iaapin.org)

### Register Now!

*Annual Spring Conference*  
*April 13-14, 2012*  
*Indiana Wesleyan University*  
[www.iaapin.org](http://www.iaapin.org)

#### BENEFITS OF NAADAC/IAAP MEMBERSHIP

- 33 free CE's via NAADAC's web-site: [www.naadac.org](http://www.naadac.org) - (*Medication Management for Addiction Professionals: Campral Series and Blending Solutions*).
- Free access to NAADAC's online Career Center at [www.naadac.org](http://www.naadac.org).
- Assistance with referrals concerning ethical or legal questions or complaints and two free hours of help on a Legal Assistance Hotline provided by NAADAC's liability company with malpractice insurance available through the Van Wagner Group.
- Free subscription to NAADAC's official magazine, *Addiction Professional*, which is published six times annually.
- Peer support and network opportunities through national and state conferences and workshops.
- Reduced rates for continuing education including the qualification course for the U.S Department of Transportation's Substance Abuse Professional.
- Reduced rates for publications such as the *Basics of Addiction Counseling: A Desk Reference and Study Guide*, used by experienced professionals and as a guidebook for preparation for certification exams.
- Access to the *NAADAC News*, the association publication only available to NAADAC members.
- Substantially reduced rates for professional Certification and re-certification as National Addiction Counselor (NCAC) or Master Addiction Counselor (MAC). *Please note that certification is not included in NAADAC membership but is a separate process. (Certification is not a requirement of membership in NAADAC.)*
- New avenues for job opportunities and advancement with higher levels of certification.
- A 20 percent discount on all Hazelden Publishing and Educational Services (PES) resources.