

IAAP Spring Conference May 1, 2020

Earn up to 6.0 CEUs

**Indianapolis Wesleyan North, 3737 Priority Way South Drive
, Indpls. IN 46240**

SCHEDULE

7:30-8:00 Registration
8:00-9:30 Session
9:30-9:45 Break
9:45-11:15 Session Continued
11:15-12:00 IAAP Annual & Membership Meeting
12:00-1:15 *LUNCH on your own*
1:15-2:45 Session Continued
2:45-3:00 Break
3:00-4:30 Session Conclusion

Breaking Intergenerational Patterns of Addictions, Trauma and Dark Secrets with Individuals and Families:

Some people can trace patterns of addiction and substance use related deaths within their family for four or five generations. Sad are the stories of parents who get sober and suddenly find themselves grieving the overdose death of a son or daughter. Or a father and son who meet for the first time while incarcerated. Each arrested for drug related offenses.

In this presentation you will learn strategies to help break intergenerational patterns of addiction. A partial list of topics includes: risk factors and pathways of intergenerational addiction, unique risks for children of parents with substance use disorders, Fetal Alcohol Spectrum disorder as a risk factor and intervention strategies, Co-occurring conditions and trauma as risk factors, the impact of siblings on the intergenerational transmission of addiction, parenting practices and cultural rituals which help reduce intergenerational transmission of addiction, the role of addictions treatment, persons in recovery and the community in breaking the pattern.



About the Presenter - Mark Sanders, LCSW, CADC: Mark Sanders an international speaker in the behavioral health field whose presentations have reached thousands throughout the United States, Europe, Canada, and the Caribbean Islands. He is co-author of Recovery Management and author of Relationship Detox: How to Have Healthy Relationships in Recovery. He has had two stories published in the New York Times best-selling book series, Chicken Soup for the Soul. His most recent book is entitled, Slipping through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders. Additionally, he is a lecturer at the University of Chicago.

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